[YOUR FULL ADDRESS]

[YOUR POSTCODE]

[DATE]

Dear [MP’s Name],

My name is [Your Full Name], and I’m a [Your Role – e.g., GP, nurse, occupational therapist] based in [Constituency]. I’m writing to personally invite you to an important parliamentary roundtable on **Tuesday, June 4th (3-4pm in Room N, Portcullis House)**.

This event – **“Healthy Homes, Stronger NHS: Combating Public Health & NHS Crises with Better Insulation”** – will bring together health professionals, tenants, and experts to discuss the urgent link between poor housing and public health, hosted by the health charity Medact.

**Why this matters:**

Every day, I see firsthand how unsafe, cold, and damp housing is driving poor health – especially for children, older people, and those living with chronic illness. [Insert your own story or example here – e.g., “Just last month, I had to discharge a child back to a mouldy home, knowing it would worsen their asthma.”]

The recent [*Home Sick Home*](https://stat.medact.org/wp-uploads/2025/04/Home-Sick-Home-Survey-Report-WEB.pdf) report, based on a national survey of over 2,000 health workers, found that:

* 3 in 4 healthcare workers say poor housing is making their patients sick
* 65% see patients living in excessively cold homes; 61% hear of damp and mould
* A significant majority (59%) said that policies that improve energy efficiency in homes would reduce the impact of housing problems on the NHS

**The roundtable will:**

* Share frontline stories from health workers and tenants affected by poor insulation and housing conditions.
* Present three key policy solutions: a fully funded Warm Homes Plan, protection for private renters, and high retrofit standards.
* Encourage MPs to take action ahead of the Spending Review and the publication of the Warm Homes Plan.

Your voice in Parliament matters deeply to me and those I care for. I hope you will be able to join us and hear directly from those on the frontline of this growing crisis.

Please RSVP to confirm your attendance – I would be happy to share more details if helpful.

Thank you for your time and consideration.

Warm wishes,  
 [Your Full Name]  
 [Your Role – e.g., Respiratory Nurse, GP, Public Health Doctor]